

Time to de-stress, relax and prepare for a great new year...

A morning of Yoga, Relaxation & Sound Bath

*Saturday 11th January, 10.30am - 1.30pm,
at Chorleywood Memorial Hall,
Common Road, Chorleywood, Herts, WD3 5LN*



hosted by

Nicola Ryall & Gabriela Bocanete

Cost: £30. To book: please email: info@gabrielabocanete.com

